



Things that are good to know

A novel by Celeste Davis

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Dental Clinics

1201 NW 10th OKC (located at the Oliver Baptist Church)

- Phone: 405-717-9872
- Hours: Call information line for services 951-2645
- NO FEES

D-DENT

6430 N. Western, Suite 200, OKC 73116

- Phone: 405-424-8092
- Hours: Call to be put on waiting list
- Services: Free dental for the elderly age 60 or older or developmentally disabled people on a fixed income. Call for referral approval.

Good Shepherd Ministries

222 NW 12th Street, OKC, 73103 (Located in first Baptist church)

- Dental: Monday at 5:30 PM
- Children's Dental: Call at 9 am on Tuesdays for appointments that evening.

Neighborhood Services Organization

431 SW 11th Street, OKC

- 405-236-0413 X:307
- Hours: By appointment only
- Services: Basic dental exams, x-rays, cleanings, fillings, extractions, dentures and partials. \$25 charge

OU College of Dentistry

1201 N Stonewall Ave., OKC, 73117

- 405-271-6056
- Hours: Monday- Friday 8am-5pm; call for appointment
- Fee: below standard fee for dental services (1/3-1/2 of the cost of private practice)

Medical Clinics

Baptist Community Clinic

1201 NW 10th OKC (located at the Oliver Baptist Church)

- Phone: 951-2277, MUST HAVE AN APPOINTMENT
- Call in refills: 239-6884
- Cost: FREE
- 2nd and 4th Mondays every month
- 2nd Monday: Eye Exams
- 3rd Monday: Prescription refills

Other Options, Inc.

P.O. Box 36

5915 N.W. 23rd Street, Suite 219

Bethany, OK 73008-0036

- Phone: 405-495-2732
- Hours: Free clinic, sign-in at 4:15 p.m. Thursdays, call to check hours in case of change.

Compassionate Hands

119 S. 6th Street

Yukon, OK 73085-0146

- Phone: 405-354-9591
- Low income clinic for mothers and children
- Sliding scale fees

Crown and Crown Clinic

1008 N. McKinley, OKC, 73106

- Phone: 405-232-7696
- Hours: Tuesday, 11 am-1pm
- Primary care and orthopedics.
- AA meetings M-F at noon

Crossings Community Clinic

10255 N. Penn, OKC 73120

- Hours: M-F, Must have an appointment
- Cost: Free

Good Shepherd Ministries

222 NW 12TH Street, OKC, 73103 (Located in first Baptist church)

- Phone: 405-232-8631
- Hours: M-TR 9-5, F 9-12
- Services: General Medical for all ages

Hope Center

1251 N. Broadway, EDMOND 73034

- Phone: 405-348-4680
- Hours: M-TR 8:30-4 AND F 8:30-NOON. Please call for an appointment.
- Cost: Free. MEDICAID only
- Service: Prenatal care, pediatrics, WIC and Immunizations

Adult Day Service Info

With adult day health services, everyone benefits:

For the participant:

- Individualized plan of care
- Opportunity to socialize
- Be a part of an active community

For the caregiver:

- A partner in day-to-day caregiving
- Respite – a chance to recharge
- Caregiving support, referrals and guidance

Adult day health services offer:

- Health monitoring and medication administration
- Experienced, respectful and caring professional staff
- Safe, supportive, supervised environment
- Socialization and recreational activities
- Assistance with personal care
- Nutritious lunches and snacks

Who attends adult day health centers?

- People living alone or with family who would benefit from socialization and activity
- People who need assistance with personal care

· People with memory loss or impaired judgment

· People experiencing loneliness, isolation or depression

· People with physical conditions or limitations or recuperating from illness

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To learn more about Adult Day Health Services or to locate a provider, contact:

Oklahoma Department of Human Services Aging Services Division

405-521-2281 <http://www.okdhs.org/programsandservices/aging/day/>

- Statewide Senior Info-Line

800-211-2116

- Oklahoma 2-1-1 Get Connected. Get Answers.

2-1-1

- Oklahoma State Department of Health

405-271-6868 <http://www.ok.gov/health/pub/wrapper/ltc.html>

- Oklahoma Area-wide Service Information System (OASIS)

405-271-6302

- Oklahoma Association of Homes and Services for the Aging

405-640-8040 www.okahsa.org (Check the Directory for Providers of Adult Day Health)

Financial Assistance

Utilities help Oklahoma City Area:

Guild of St. George

- 405-232-9014

Hope Center of Edmond

- 405-348-1340

In His Name Ministries

- 405-942-7831

Jesus House

- 405-232-7164

Neighbor for Neighbor

- 405-236-0473

Presbyterian Urban Missions

- 405-235-6855

Salvation Army – Oklahoma City

- 405-270-7800

Compassionate Hands

- 405-354-9591

Yukon Sharing Ministry

- 405-354-9456

Action, Inc. of Guthrie

- 405-282-4332

Guthrie Ministerial Alliance

- 405-282-4080

Financial aid and social services for families in need

Heartland Share

- 2 hours volunteer work plus \$13.00 for a monthly food package of \$25.00 and \$30.00.

Financial help for purchase of medical equipment supplies and services for individuals with disabilities. Age and income criteria apply.

Epilepsy Association of the Sooner State

- Speech/language therapy. Physical therapy. Attention Deficit Disorder (ADD) intervention. Hearing tests. Vision screening. Other screening for children. Fees apply.
- 711 Stanton L. Young Blvd., Suite 550, Oklahoma City, OK 73104-5022

Limited emergency financial assistance for prescriptions and utility bills (up to \$25.00)

Central Oklahoma Habitat for Humanity

- 5005 S I-35 Service Road, Oklahoma City, OK 73129
- 405-232-4828
- Limited emergency financial assistance
- Information and referral

(Serves Edmond area residents in need)

In His Name Ministries, Inc.

- P.O. Box 1208, Bethany, OK 73008-1208
- 405-942-7831
- Website: <http://www.inhisname.org/>

Financial help may cover prescriptions, utilities, or transportation

Salvation Army

Oklahoma City Area

- Mailing: P.O. Box 2095, Oklahoma City, OK 73101
- Finding: 311 S.W. 5th Street
- 405-270-7800

Transportation

For people with cancer: Transportation to and from treatments

American Red Cross of Central Oklahoma

601 N.E. 6th Street

Oklahoma City, OK 73104-6200

- 405-232-7121
- 405-236-5691 Fax
- 405-232-7121 Hotline
- Website:
<http://www.redcross.org/ok/okc>
- 800-375-8514

- (405) 670-1700

Medride transport

4225 SW 44th Street

Oklahoma City , OK 73119

- Toll Free: 877-685-8267
- Fax: 405-680-7433

Sooner Ride

- It arranges to take the member to medically-necessary services covered by SoonerCare
- IT IS NOT FOR EMERGENCY TRANSPORT
- The member must call at least three business days before the appointment to arrange for a ride.
- A trip authorization number must be obtained in advance through the reservation line for gas/mileage reimbursement.

Transportation for medical appointments, when volunteers are available

Associated Catholic Charities

1501 N. Classen Blvd, Suite 200

Oklahoma City, OK 73106-6699

- 405-523-3000
- 405-523-3030 Fax

- The member can schedule a ride by calling toll-free 877-404-4500 and TDD 800-722-0353 during these hours:
 - Monday through Friday, 7 a.m. to 6 p.m., for routine reservations
 - 24/7 for all hospital discharge and urgent/same-day transports
- The member may also make reservations online at <http://member.logisticare.com/>.

Oklahoma Department of Human Services - Federal Transit Administration (FTA)

Aging Services Division

2401 N.W. 23rd St., Ste. 40

Oklahoma City , OK 73107

See map: Google Maps

Voice: 405-521-2281

Long Distance Transportation

ACC MEDLINK

1-800-550-1025

- Hours: Nationwide, 24 hours

Superior Medical Transit

412 S. Mustang Rd., Yukon 73099

- Phone: 405-350-3306
- Services: Medical Transport in town and Nationwide, wheelchair and stretcher
- Office Hours: M-F 9-5

Affordable General Transportation

GO GO GRANDPARENT

Get ready for your first ride by registering for free at gogograndparent.com or by calling us toll-free at 1 (855) 464-6872 and Press 2.

Prepare for the ride of your life



Eye Clinics

Operates Charity Eye Clinic and The Community Cupboard (food and clothing).

Southeast Area Health Center

- 744 S.E. 25th Street Oklahoma City, OK 73129-4843
- 405-632-6688
- 405-634-9611 Fax
- Website: <http://http://www.se-areahealthcenter.org/>

Health for Friends

- 317 E. Himes St., Norman, OK 73070-1224
- 405-329-4161
- 405-329-5711 Fax

Skyline Urban Ministry

- 500 SE 15th St. Oklahoma City , OK 73129
- (405) 236-5212 and ask for Gail Holcomb

Food Pantries

BritVil Community Food Pantry

- Address: 8717 N Western Ave, Oklahoma City, OK 73114
- Phone:(405) 842-1275
- Hours: M-F: 9-11

Bethel Foundation

- Address: 13003 N Western Ave, Oklahoma City, OK 73114
- Phone:(405) 286-3700
- Hours: Open today · 9AM–5PM

Other Options

- Address: 3636 NW 51st St, Oklahoma City, OK 73112
- Phone:(405) 605-8020
- Hours: Open today · 8AM–5PM

Regional Food Bank of Oklahoma

- Address: 3355 S Purdue, Oklahoma City, OK 73137
- Phone:(405) 972-1111

- Hours: Open today · 8AM–5PM

Skyline Urban Ministry

- Address: 500 SE 15th St, Oklahoma City, OK 73129
- Phone:(405) 632-2644
- Hours: Open today · 9AM–3PM

The Urban Mission

- Address: 3737 N Portland Ave, Oklahoma City, OK 73112
- Phone:(405) 946-1556
- Hours: Open today · 1–4PM

Love Link Ministries

- Address: 1122 Linwood Blvd, Oklahoma City, OK 73106
- Phone:(405) 234-5547



Car Repairs

God Speed Car Care Ministry

Metric Motors

- 2608 S. Broadway, Edmond 73103
- Hours: 1ST Saturday of every month 9-noon
- Services: Minor car repairs and diagnosis. Vehicle owner must provide parts.



Low Cost Housing

Catholic Charities Sponsored Low Income Housing

Villa Isenbart-Senior Housing

3801 NW 19TH, OKC 73107

- Phone: 405-947-4143
- Hours: M-F: 9-5, Saturday by Appointment
- Services: Affordable Housing for those 62 and older

Trinity Gardens Apartment: Senior Housing

3825 NW 19TH OKC, 73107

- Phone: 405-947-4143

Oklahoma City Housing Authority

1700 NE 4TH Street, OKC 73117

Hours: M-F: 7-5

Drug and Alcohol Help

Alcohol Drug & Assessment Center

Alcoholism Treatment Program

4912 S Western Ave B

- (405) 604-3784
- 10 AM-9 PM

Oklahoma Department of Mental Health and Substance Abuse Services

- Address: 1200 NE 13th St, Oklahoma City, OK 73117
- Phone:(800) 522-9054

Drug Alcohol Treatment Oklahoma City

Rehabilitation Center

- Address: 3701 S Lake Hefner Dr, Oklahoma City, OK 73116
- Phone:(855) 348-2051

Inpatient Drug Alcohol Treatment Centers

Rehabilitation Center

- Address: 440 NW 6th St, Oklahoma City, OK 73102
- Phone:(855) 348-2051

Valley Hope of Oklahoma City

Non-Profit Organization

- Address: 6110 NW 63rd St, Oklahoma City, OK 73132
- Phone:(405) 946-7337
- Hours: Open today · 9:30AM–10PM

Decisions Day Treatment

- Address: 5100 N Brookline Ave # 950, Oklahoma City, OK 73112
- Phone:(405) 717-9840

The Recovery Center

- Address: 1215 NW 25th St, Oklahoma City, OK 73106
- Phone:(405) 525-2525
- Hours: Open today · 8AM–8PM

Catalyst Behavioral Services STAT program

Alcoholism Treatment Program

- Address: 3033 N Walnut Ave, Oklahoma City, OK 73105
- Phone:(405) 232-9804
- Hours: Open today · 9AM–4PM

Clothing

Skyline Urban Ministry

- Address: 500 SE 15th St, Oklahoma City, OK 73129
- Phone:(405) 632-2644
- Hours: · 9AM–3PM

Jesus House

- Address: 1335 W Sheridan Ave, Oklahoma City, OK 73106
- Phone:(405) 384-1313
- Hours: 8AM–9:30PM

Dress for Success Oklahoma City

- Address: 710 N Broadway Ave, Oklahoma City, OK 73102
- Phone:(405) 606-7071
- Hours: 9AM–4:30PM

Suited For Success Inc

- Address: 4149 Highline Blvd # 370, Oklahoma City, OK 73108
- Phone:(405) 521-1089

Citizens Caring For Children

- Address: 730 W Wilshire Blvd #111, Oklahoma City, OK 73116
- Phone:(405) 753-4099

Adventist Community

- 4735 NW 63RD
- 405-721-6110
- Hours: Wednesdays 10 AM-3PM

Christian Services Center

- Address: 115 SW 24th
- 405-236-5956
- Hours: M-F: 9AM-2PM

Neighbors for Neighbors

- Address: 300 SW 13TH
- 405-236-0473

Wonderfully Made Foundation

- Monday, Wednesday, Thursday and Friday: 10am -4pm
- Tuesday: 10:30 -4pm
- Closed: Saturday & Sunday
- Telephone: (405) 778-6870
- 4010 N Lincoln Blvd Suite 106, Oklahoma City, OK 73105
- Fax: (405)601-8254
- or e-mail:
info@thewonderfullymadefoundation.com

Psychiatrists and IQ Test

Dr. Ferguson (IQ AND PSYCHIATRY)

- Phone: 840-9999
- Address: 4601 N. Classen Blvd. OKC 73118

Dr. Richard Swink(IQ AND PSYCHIATRY)

- Phone: 405-341-3085
- Address: 1616 E. 19TH Street, Edmond 73013

Dr. Donna Hill

- Phone: 405-928-2044 or 405-579-5858
- Address: 3820 Marshall Ave. Norman 73072

Dr. Janita M. Ardis

- Phone: 405-943-8924
- 1131 E. Britton, OKC, 73131

Dr. Darbe

- Phone: 840-9999
- Address: 4601 N. Classen Blvd, OKC 73118

Dr. Hennessee and Associates

- Phone: 405-759-3880
- Address: 3224 SW 119TH Suite B, OKC 73170

Dr. Al-Botros and Dr. Faruque

- Phone: 405-525-3330
- Address: 2316 NW 23RD OKC 73107

Childcare

Family Junction Youth Shelter

For age 12-17. Children can stay here to take a break for a few days.

- Phone: 405-272-0726

Rainbow Fleet Child Care

- Day Care Center
- Address: 3024 Paseo, Oklahoma City, OK 73103
- Phone:(405) 525-3111

Offers Child Care Finder or Spanish Child Care Finder – Instant Child Care Referrals.

Fully customizable search! Gives you results that suit your Child Care needs.

(Also offers various monthly safety classes)



Always check childcare References

Medical Devices

Oklahoma Health Care Authority and Oklahoma ABLE Tech, federally funded and based in Stillwater.

Entrusted Hearts

- Monday through Friday 8:30 am to 5 pm.
- 208 E. 5th Avenue, Suites F, G and H

Owasso, OK 74055

- (918) 274-4310, or (877) 272-6263
- bghere@dme.baptistvillage.org

All American Medical

- 2704 S.W. 44th Street, Oklahoma City, OK 73119
- Phone: 405.682.2222

Amazing Grace Medical

- P.O. Box 3821, Shawnee, OK 74802
- Phone: 405.637.4328

Oklahoma Durable Medical Equipment Reuse Program

- 3325 North Lincoln Blvd., Oklahoma City, OK 73105
- Phone: 405.523.4810 or 800.257.1705 (v/tty)
- Fax: 405.523.4811
- Email: atreuse@okstate.edu



Furniture

Christian Service Center

- Director: Jack Grimes
- 115 SW 24th Street, Oklahoma City, OK 73109
- Phone: 405-236-5956
- E-mail: okccsc@gmail.com
- Hours: Monday - Friday, 9am - 2pm

Love Links Thrift

- Tuesday through Friday 10:00 a.m. to 4:30 p.m.
- Saturday 10:00 a.m. to 2:00 p.m.

The Furniture Bank of OKC

- 3922 NW 10th Street in Oklahoma City.
- (405) 905-5826

Hope Chest OKC

- P.O. Box 850322, Yukon, OK 73085
- (405)204-9108 | Dena Nason

Emergency Shelters

City Rescue Mission

- 800 W. California, Oklahoma City, OK 73106
- (405) 232-2709
- www.cityrescue.org

Grace Rescue Mission

- 2205 Exchange Ave., Oklahoma City, OK 73108
- (405) 232-5756

Jesus House

- 1335 W. Sheridan, Oklahoma City, OK 73146
- (405) 232-7164

Red Rock Behavioral Health Services

- 4400 N. Lincoln, Oklahoma City, OK 73105
- (405) 424-7711

Salvation Army

- 330 SW 5th, Oklahoma City, OK 73101
- (405) 246-1100

Recreation

Oklahoma foundation for the Disabled

- Each Thursday evening for fun and games and a nutritious meal. This is a great time for clients and others in central Oklahoma with developmental disabilities to socialize and have fun.
- Hours: 6:00 PM to 9:00 PM
- Admission Price: \$30 per month, plus \$4 per meal
- Phone: 405-842-6636
- Also offers a daycare with meals

Oklahoma County Senior Centers

DANFORTH SENIOR CENTER

- 405-789-3021
- 5301 N Meridian, OKC

EDMOND SENIOR CENTER

- 405-216-7600
- 2733 Marilyn Williams Dr, Edmond
- The Edmond Senior Center is a recreation facility for senior adults.. The ESC offers members a wide range of adult-education programs, fitness classes, day trip opportunities, special events, and activities.

LINCOLN SENIOR CENTER – YMCA

- 405-427-0862
- 4712 N Martin Luther King, OKC
- Silver Sneakers, Tai Chi, exercise, walking path in gym, dominoes, cards, crafts.

LUTHER SENIOR PROGRAM

- 405-277-6434
- 18120 Hogback Road, Luther
- Tuesday only. Located in the Luther Community Center. Sewing, cards.

MA RETIREMENT CENTER

- 405-286-1863
- 1400 NW 115th St, OKC

MCGUIRE SENIOR CENTER

- 405-419-9925
- 1316 NE 12th St, OKC

MEMORIAL CHRISTIAN CHURCH

- 405-948-1854
- 1915 N Meridian, OKC

OKLAHOMA CITY SWING DANCE CLUB

- 405-943-1950
- 4361 NW 50th St, Ste. 400, OKC
- <http://www.okcswingdanceclub.com/>

SKYLINE URBAN MINISTRIES

- 405-632-2644
- 500 SE 15th St, OKC
- Mon–Wed–Fri Prime-Time Senior Citizens Program 9am-12:30 pm.

WILL ROGERS GARDENS

- 405-297-1392
- 3400 NW 36th St, OKC
- Free gardening classes. Activities include drawing and wreath making.

WILL ROGERS SENIOR CENTER

- 405-297-1455
- 3501 Pat Murphy Dr, OKC (In Will Rogers Park)
- Educational and creative classes and activities for senior adults. Oil painting;

WOODSON PARK SENIOR ACTIVITY CENTER

- 405-681-3266
- 3401 S May Ave, OKC



Hearing Aid Help

Hear Now

- Email: nonprofit@starkey.com
- Financial assistance for hearing aids and ear surgery for deaf and hard of hearing persons.
- 6700 Washington Ave South, Eden Prairie , MN 55344
- Voice: 866-354-3254
- Fax: 952-828-6900

International Hearing Society

- 16880 Middlebelt Rd., Ste. 4, Livonia , MI 48154
- Voice: 734-522-7200
- Toll Free: 800-521-5247 Helpline
- Fax: 734-522-0200

Oklahoma Department of Rehabilitation Services (DRS) - Oklahoma School for the Deaf, Equipment Distribution Program

Oklahoma School for the Deaf

- 1100 E. Oklahoma Avenue, Sulphur , OK 73086
- Voice: 580-622-4900
- Toll Free: 888-685-3323

Total Source for Hearing-loss and Access (TSHA)

- 8740 E. 11th St., Ste. A Tulsa , OK 74112
- Voice: 918-832-8742
- Toll Free: 888-311-3523
- Fax: 918-834-4329
- (Mostly teen Focused)